

Teaching Activities: Informal In-service/presentation

In May of 2013 we (myself, Kalia Napoleon SN III, and Carly Van Leeuwgn SN III) attempted to devise a way to identify patients that were difficult to mobilize. These patients needed extra help and could potentially hurt the staff nurse if she/he attempted to mobilize the patient by themselves. We came up with a stop-light design using the colors red, yellow and green. Placed outside the room the RN would know even before entering the room how much help she/he needed to mobilize the patient and not try to do it alone. We in-serviced the staff (please see sign off sheet) and implemented the plan. Nurses reported in being more confident in asking for help and/or calling lift team according to the color assigned to the patient. The idea worked and is still being used today in our department and in December of 2013 became part of our unit's Safety Plan (please see last page).

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